



*Helping the world
Keep promises.™*

FOR IMMEDIATE RELEASE

Contact: J. Wes Frye
Senior Vice President, Finance and
Chief Financial Officer
(336) 822-5305

OLD DOMINION FREIGHT LINE'S SECOND QUARTER CONFERENCE CALL ON THE INTERNET

THOMASVILLE, N.C. (July 2, 2009) — Old Dominion Freight Line, Inc. (NASDAQ: ODFL) announced today that it plans to release its 2009 second quarter financial results before opening of trading on Wednesday, July 22, 2009. The Company will also hold a conference call to discuss its financial results and outlook at 10:00 a.m. (Eastern Time) on Wednesday, July 22, 2009.

An online, real-time webcast of Old Dominion's quarterly conference call will be available online at www.odfl.com on Wednesday, July 22, 2009, at 10:00 a.m. (Eastern Time). The online replay will be available at approximately 1:00 p.m. (Eastern Time) and continue for 30 days. A telephonic replay of the call will also be available through July 31, 2009, at 719-457-0820, Confirmation Number 3521174.

Old Dominion Freight Line, Inc. is a less-than-truckload motor carrier providing multi-regional service among six regions in the United States and next-day and second-day service within each of those regions. Through its four product groups, OD-Domestic, OD-Expedited, OD-Global and OD-Technology, the Company offers an array of innovative products and services that provide direct service to 48 states within the Southeast, Gulf Coast, Northeast, Midwest, Central and West regions of the country. In addition to domestic less-than-truckload services, the Company offers assembly and distribution services as well as container delivery services to and from all of North America, Central America, South America and the Far East. The Company also offers a broad range of expedited and logistical services for both its domestic and global markets.

- END -